

PIZZETTAS

Garlic & herb £3.50 **V**

Garlic, mozzarella & basil oil £4.25 **V**

Fontal cheese, chorizo jam & rosemary £4.95

Goats cheese & caramelised onion £4.95 **V**

Garlic Mushroom £4.50 **V**

...enjoy any larger pizzetta for and extra £2.95

OLIVES

Marinated olives £2.95 **V**

APPETISERS

WILD MUSHROOM & ROCKET SOUP garlic sourdough £4.95 **V**

CALAMARI rings & tentacles with lime & herb mayonnaise £6.95

CHICKEN SKEWERS cracked wheat salad, harissa pine nuts, tzatziki £6.50

LAMB MEATBALLS aubergine & tomato sauce and grilled polenta £6.50

NACHOS topped with cheese, 3-bean chilli, salsa, guacamole & sour cream £5.50/10.95 **V**

CHICKEN NACHOS as above with spicy cajun chicken pieces £6.25/£11.95

PANKO BREADED PRAWNS pickled cucumber salsa & sweet chilli dip £6.95

POTATO SKINS with garlic, guacamole or salsa dips £4.50 **V**

BABY BACK RIBS In barbecue sauce £7.95

GARLIC MUSHROOMS oven baked and topped with garlic sauce £5.50 **V**

MEZZE PLATE – FOR ONE OR TO SHARE 6.95/£12.95 **V**

hummus, tzatziki, grilled halloumi, mixed olives, tabbouleh, feta & garlic flat bread

SHARING SKILLET CHEESE sizzling cheese with garlic, rosemary & flat bread £9.95 **V**

...spice it up with chorizo jam for and extra £1.95

SALADS

WARM GOATS CHEESE rocket, pear, walnuts & maple dressing £6.50/£10.95 **V**

CRISPY CHILLI BEEF Asian greens and sweet chilli dressing £7.25/£12.50

CAJUN CHICKEN CAESAR shaved parmesan, creamy dressing & croutons £6.95/£11.95

HOT SMOKED SALMON beetroot, lentils and whipped lemon ricotta £7.25/£12.50

PASTA & NOODLES

MAC 'N' CHEESE smoked paprika and sourdough crumb £8.95 **V**

CHORIZO MAC 'N' CHEESE as above with chorizo jam £10.95

GOATS CHEESE PAPPARDELLE creamy wild mushroom sauce £10.75 **V**

COCONUT CHILLI CHICKEN PENNE penne, chicken, spicy coconut sauce £10.95

LAMB POLPETTE spaghetti, lamb meatballs, tomato and aubergine sauce £9.95

SMOKED HADDOCK FLORENTINE with spaghetti, peas & spinach cream sauce £11.95

ASIAN NOODLE STIR-FRY mixed vegetables, Asian greens, sesame & soy sauce £9.95

Add extra ...chicken £1.50...garlic king prawns £2.50...stir-fry beef £2.50

MAIN COURSE GRILLS & SPECIALITIES

CANTINA BURGER 8oz short-rib burger, brioche bun, mayo, lettuce, pickle and crispy shallots with rosemary fries **£10.95**

CHEESE & BACON BURGER as above with cheddar cheese & maple bacon **£12.95**

TOWER BURGER add another layer, making 16oz of beef to your cantina or cheese & bacon burger for an extra **£3.50**

TANDOORI CHICKEN BURGER in chapatti with red onion, cucumber & raita, served with sweet potato fries and mango mayo **£11.95**

CHICKEN SATAY BURGER in a brioche bun, served with sweet potato fries and peanut sauce **£11.95**

LOW-CARB BURGERS

any of the above served without the bread & fries but with a generous salad

LAMB MOUSSAKA Greek salad & garlic flat bread **£12.95**

CHICKEN BURRITO Mexican rice, guacamole, salsa & sour cream **£10.95**

ENCHILADA three bean chilli, Mexican rice, guacamole, salsa & sour cream **£9.95 V**

CHICKEN SOUVLAKI with Greek salad & garlic flat bread **£12.75**

CAJUN BABY CHICKEN mixed leaves & sweet potato fries **£13.95**

GRILLED SEA BASS warm fennel & new potato salad, kalamata olives, sundried tomatoes and preserved lemon **£14.75**

THAI RED FISH CURRY with cod & prawns, served with coconut rice **£14.50**

DUCK RENDANG tender stem broccoli, coconut rice, crispy shallots **£14.95**

RIBS & CHICKEN barbecue sauce & rosemary fries **£16.95**

RIB EYE STEAK 10oz grilled to your liking, served with roasted tomato, mushrooms and rosemary fries **£19.95**

Extra Sauces - Béarnaise / Peppercorn / Chorizo Butter / Garlic - all £1.95

PIZZAS

If you don't see your old favourite just ask your server!

MARGHERITA simply tomato, mozzarella & basil oil **£7.95**

GARLIC MUSHROOM mushrooms, garlic sauce & rosemary **£9.25 V**

CHEVRE goats cheese, caramelised onion & sundried tomatoes **£10.50 V**

SPICY EGGS FLORENTINE free range eggs, spinach, harissa, pine nuts **£10.25 V**

CHICKEN FAJITA cajun chicken, roasted peppers & onions **£10.95**

FOUR SEASONS anchovies, artichokes, olives, pepperoni, mushrooms **£10.95**

SALMONE BIANCO hot smoked salmon, broccoli, ricotta (no tomato) **£10.75**

VESUVIUS pepperoni, chorizo jam & chilli peppers **£11.25**

MELANZANA aubergine, fontal cheese and harissa spiced pine nuts **£8.95 V**

MILANO ham, cajun chicken & pepperoni **£10.95**

PICCANTE pepperoni & chilli peppers **£10.50**

CANTINA SPECIAL margherita with your choice of any two toppings **£10.50**

Extra Toppings – All £1.50

SIDES

Sweet Potato Fries **£3.75**

Mexican or Coconut Rice **£2.50**

Rocket & Parmesan Salad **£3.50**

Stir-fry vegetables, sesame & soy **£3.95**

Rosemary Fries **£3.25**

Mixed Salad **£4.25**

Chana Saag Aloo **£3.50**

SPECIALS

Some Seasonal & Some Old Favourites

APPETISERS

SOUP OF THE DAY £4.95

always changing and always yummy!

SMOKED TROUT & HORSERADISH PÂTÉ £5.95

crostini and watercress

BUBBLE & SQUEAK £6.75

chorizo jam, crispy egg & hollandaise

MAINS

TANDOORI SALMON FILLET £14.95

spinach with potato & chickpeas, chapatti & raita

PUMPKIN, CHICKPEA & ALMOND TAJINE £12.95 V

spiced cranberry couscous

THAI RED CHICKEN CURRY £12.95

served with jasmine rice

PORK STROGANOFF £13.50

chestnut mushrooms & rice

DESSERTS

PECAN PIE £5.25 V

peanut butter ice-cream & toffee sauce

MORELLO CHERRY SUNDAE £5.95 V

honeycomb and morello cherry ice-creams,
chocolate sauce & honeycomb pieces

NOVEMBER 2016

Every day is a great deal day at Red Peppers!

ASK YOUR SERVER ABOUT TODAY'S GREAT OFFER

ABOUT OUR MENUS Please inform us of any allergies or special dietary requirements before placing your order. Gluten free menus and detailed allergen information available on request. We cannot guarantee the total absence of allergens in our dishes. Fish dishes may contain small bones. All prices include VAT @ 20%. Gratuities are at your discretion but an optional 10% will be added to tables of 8 or more; all gratuities go directly to the staff.

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GRILL & CANTINA